

WALNUT CREEK AQUANUTS
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**SYNCHRONIZED SWIMMING CHAMPIONS PREVIEW THEIR
COMPETITION ROUTINES**

Walnut Creek Aquanuts Present its First Spring Showcase to the Public

Walnut Creek, Calif. -- The Walnut Creek Aquanuts (WCA), a local and world-renown synchronized swimming club, will present its first annual Spring Showcase on Saturday, April 25, at Heather Farms in Walnut Creek, CA. From 1 p.m. to 3 p.m., synchronized swimmers will perform their newest routines as they prepare for upcoming national and international competitions.

This exhibition will feature some of the youngest athletes (under 10 years), as well as national and international champions from Japan and Venezuela. Lifts, flips, and pure synchronization will be incorporated into solo, duet, trio and team performances.

As a community-wide event, WCA is proud to be working with the Monument Crisis Center to help feed our community by offering reduced price admission to those bringing non-perishable food items to the exhibition.

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“The Aquanuts are excited to be working with the Monument Crisis Center for this community wide-event. Our Aquanuts family and friends can join together to help other families in our community while enjoying a fun-filled afternoon of synchronized swimming,” said Head Coach of WCA Kim Probst, Team Captain of the 2008 U.S. Olympic Synchronized Swimming Team.

Tickets are \$12 and free for children 4 years old and under. Donate two or more nutritious and non-perishable food items and receive \$2 off your admission ticket. Doors open at 12:15 p.m.

Aquanut fans and supporters should also mark their calendars for the club’s biggest fundraiser of the year, the 22nd Annual Night of Champions, on Saturday, May 30th from 2 p.m. to 6 p.m. This afternoon will incorporate local dining, a silent auction, and performances by current Aquanuts, national champions, and Kim Probst, 2008 U.S. Olympian. For more information about the Spring Showcase and the Night of Champions, please email your questions to: wcaeventinfo@yahoo.com.

The Monument Crisis Center of Contra Costa County provides food, education, assistance, referrals to families and individuals in crisis situations, and promotes community awareness of needs and available resources to at-risk and low income people in Contra Costa County. For more information about the Monument Crisis Center contact <http://www.monumentcrisiscenter.org>.

The Walnut Creek Aquanuts is a synchronized swimming club committed to helping each of its 65 athletes reach her full potential. Coaches nurture confidence, instill

responsibility and commitment, and teach the value of hard work, time management, and a healthy lifestyle. For over 40 years, the organization has trained novices to national, international, and Olympic champions. For more information about the Walnut Creek Aquanuts contact <http://www.aquanuts.org>.

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